



July Newsletter



CHAIRMAN'S MESSAGE

Having returned from our holiday in America and having recovered from Jet Lag, it is time to reflect on our experience, the changes having taken place and the impact that they had on us.

Whilst it was it was so wonderful to catch up with Family and Friends in a way that is not possible with "Skype" or "Zoom", America is so foreign to us now. We spent a lot of time in the Bay Area, which includes San Francisco. But our main focus was Seattle and Renton, a suburb of Seattle. We were looking for the places we had visited in the past, such as restaurants by Lake Washington, taverns, parks and dance venues; the places which were so familiar to us and played such an important part in our early relationship as we were getting to know each other. Sadly most no longer exist, torn down to make way for multimillion dollar waterfront homes and apartments, which prevent what was once access to the waterfront.

Pike Place Market, in Seattle, which was primarily a Seafood and Farmers Market where we enjoyed shopping, has now become a tourist attraction. Far greater in size with hardly any seafood and farm produce on offer, but many souvenir shops and restaurants to accommodate the crowds from cruise ships and coaches. The intimacy of the original Market has gone forever. Seattle now submerged with Amazon and Microsoft Tower Blocks. Progress??

After being gone for so many years, you can go back and expect things and places to be the same. We all have to move on. I think we will stick with the memories of how it was. Save all our old photos that take us back to the 1980's, for the dark winter evenings. It will be good to reminisce.

This only reinforces our belief that The Wirral, Birkenhead and Liverpool are truly where we want to be. Three weeks in America and our Birkenhead home was sorely missed.

Now 0n a Lighter note:

- 1. Elephants are the only Animal that cannot jump.
- 2. Stewardess is the longest word type with the left hand.
- 3. The ant always falls over on its right side when intoxicated.
- 4. Rats multiply so quickly that in 18 months, two rats could have over a million descendants.
- 5. Wearing headphones for just an hour will increase the bacteria in your ear by 700 times.
- 6. Most Lipstick contains fish scales.
- 7. Like fingerprints, everyone's tongue print is different.

All the best,

Alan Harding - Chairman

TEA AND COFFEE ROTA OCTOBER TO JULY 2023

Please contact Joan Benton on 0151 608 6226 if you would like to change your duty date.

22nd June Elizabeth Harding

Sylvia Hunt

6th July Barbara Riley

Marian Jackson

(so far) Speakers 2023

20th July 2023: Cathy Warren: Talk on Callister Gardens

(Community Garden in Oxton)



2023 Social meetings

June 22nd Quiz

July 6th TBA



Lunch Group Dates Colin Shredder

June 20th 2023 Meet at Pesto's, Dibbinsdale, Bromborough at 12.45 for lunch at 1pm.

Please note that this will be the last Lunch Group meeting until September after the August Break.

Group News

A Book and a Glass of Wine: Judith Whaley

Meet on last Thursday of month. The group is full at the moment.



Bridge: Tony Swarbrick

Meetings will be in "The Cabin" at Trinity and are held on 2nd and 3rd Wednesdays each month, 10.15am to 12.30. We meet to play friendly relaxed bridge and new members are always welcome. Next meetings are June 14th and June 21st.



Book Club: Mary O'Neill

Meetings take place on the 2nd Tuesday of the month at 2pm. The next meeting is on July 11th. Mary has room for one or two more members; anyone interested should contact Tony Swarbrick our Group Co-ordinator.



Lunch Circle: Colin Stredder

The Lunch Circle meets on the 3rd Tuesdays of the month at 12.45 for 1pm. Colin is now home from hospital and having physiotherapy. He has arranged lunch at Pesto's for June 20th (see above). After this the next date will be for September after the August Break.



Music Appreciation: Paul Cullen

There will be a break until September. Meetings are now on the 1st Monday of the month 2-4pm.



Tony will lead a circular walk from Hoylake Station on May 26th. See below.







Next Session will take place in the Session Room on June 21st when Bernadette will give a presentation on Paula Rego. Meet from 10am. see below for July.

Drawing Group: Pauline Horner

The next meeting on July 7th will be at the Lady Lever Art Gallery at 10am.



The Play Reading: Eliane Davie

The Group meets at Eliane's house on the second Tuesday of the month. The next meeting will be on July 11th at 10am. We will be reading: "Anastasia" by Marcelle Maurette. There is a break in August back on September 12th.



Craft Group! Joan Benton

Meetings take place on the 4th Monday of each month at her home; next meeting is on July 24th. Places on this group are full at the moment.



Nordic Walking, Corinne Whitham

Meets every week at 10am Tuesdays at the Visitor Centre in Birkenhead Park. If you can't come every week simply come when available, as often or as little as suits. Open to all, why not give it a try? A pair of poles is essential, standard walking ones will do to start. Lightweight walking shoes or trainers are best. Expect to walk for one hour at a smart pace.



Art Appreciation Programme - Bernadette Hamilton

Wednesday 21st June - 'Paula Rego' Presentation by Bernadette Hamilton at the 'Session Room' Trinity with Palm grove.



Wednesday 19th July -

Visit to: The Williamson Art Gallery, to view the 'Apollo Remastered' Exhibition.

Please make a note in your diary



Summer Break August

We break for August but this year, due to the way the dates fall, we propose to return on August 31st for a Social Meeting, where Group Leaders can set up tables to explain how they operate or recruit new members.

Members are encouraged to bring a friend without charge to have a look at what is involved in U3A, (so that they may think about joining).

Further information will be given before we break at the end of July. If members have any ideas they would like to put forward, including new groups they might wish to start, please approach a member of Committee.

Walking Group

Walking Group Friday June 30th

Ken Jackson will lead a circular walk on June 30th starting at Willaston.

Meet at Pollards Inn, Willaston, at 10.15am for 10.30 start.

Distance: Approx 5-6 miles. Circa 2hrs 45mins.

Back to Pollards for lunch.

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July Walk Friday July 28th

Friday July 28^{th:} Judith Wylie and Eliane Davie will lead a circular walk in the Landican area.

Meet: Basset Hound Pub, Barnston Rd. at 10.15am for start at 10.30am (car park)

Distance: Approx. 4 miles.

Terrain: A short distance by road to Landican Village by country road, (quiet) then via country paths through trees and fields to Storeton Village, across fields (good paths, under the motorway and over the motorway, across a railway line, over a stream, more fields eventually reaching the pub car park and lunch! Flat mostly – one set of steps down and a small hill on grass. Apart from a short distance at the start, all "off road" and lovely countryside.

The pub would like to have numbers a couple of weeks before so please sign early if possible. No need to pre order food. We can park in the car park and use the toilet before starting the walk if necessary.

Rock Park Walk June 5th 2023



The second Group who went on the Rock Park Walk on June 5th enjoyed it as much as the first! We had perfect walking weather, beautiful sunshine with a mild cooling breeze. Our guide was really informative regarding the history of the area and its buildings, mainly built circa 1836-50 to accommodate Liverpool business people able to commute by ferry across the Mersey to the less crowded Wirral. The rock Park Estate was designed by Jonathan Bennison while The Royal Rock Ferry Company was formed in 1836 with the aims of extending the Royal Rock Hotel and constructing the Esplanade. Members of the company bought the land, later developing it to become Rock Park which was open to the public, becoming a popular walk.

As with the first group, we lunched at the Refreshment Rooms; a sociable finish to an interesting morning. Our thanks to Corinne for organising both outings and to her friend whose talk made it so enjoyable.

Drawing Group June 2nd 2023







The Drawing Group, led by Pauline Horner, spent an enjoyable morning in Birkenhead Park on June 2nd, sketching in the sunshine! Naturally it was followed by a coffee and a gossip at the Visitor Centre. Thanks for sending the photos, Pauline



Books and Jigsaws

Thank you everyone for thinning down the books and jigsaw collections; they are at a much more manageable number now and we can return to bringing in books and jigsaws for exchange again. In the interest of not getting stock in excess of storage space again, please keep to only bringing the number of books that you take – it seems to work really well!

Friendly Ear

If you know of any member who is sick, in hospital or in need of a friendly chat please let Mary Hamilton or Dot Matthews know. They will contact them to see whether they need help and send cards (where applicable)

New Committee April AGM 2023

Chairman: Alan Harding Business Secretary: Elizabeth Harding

Treasurer: Margaret Cullen Groups Co-ordinator: Tony Swarbrick

Speaker Secretary: Pamela Southall Membership Secretary: Pauline Horner

Ken Jackson Newsletter Editor: Eliane Davie

Brian Jones



And finally.....

The Newsletter is coming to you earlier than usual because I am going away on holiday in a couple of days and will not be back until July 4th; hopefully most of the news will not change in the coming week.

As most of you will know, we don't meet during August (unless a Group Leader arranges something with their members). This year though the Committee has decided to make the first meeting back on August 31st, as otherwise the break would have stretched until the 14th September.

We are hoping to recruit a few more members to make the numbers up to where we were before Lockdown, partly to keep membership fees down but also to encourage new groups and new ideas! For these reasons we propose that our first meeting after the break, on August 31st, should be a Social one with Group Leaders setting up manned tables where members and their friends can ask questions, make suggestions and possibly join Groups that appeal to them. We would like members to bring a friend, free of charge of course, who could have a chat with people and find out more about U3A. There will be more discussion during July regarding this idea and of course, as always, we welcome your input.

May I wish you all an enjoyable summer; please don't forget to send photos, comments and anything that you would like to see in the newsletter to me.

Best wishes,

Eliane Davie - Editor

